





ARBONNE PHYTOSPORT™ COMPLETE HYDRATION

Drink up. Complete Hydration is useful before, during or after sustained strenuous exercise. Antioxidant vitamin C helps fight free radicals created during exercise. Carbohydrates support energy levels to carry you beyond the finish line. #6264  

FEATURES

- Contains the electrolytes magnesium and calcium
- Features an antioxidant blend of vitamins A, C, and E to fight free radicals created during exercise
- Formulated for men and women 18 and older to support all levels of competitive activity
- Prepared with water, Complete Hydration promotes adequate fluid intake
- Complete Hydration may assist in supplementing diet during training
- Tropical berry flavour
- Formulated without artificial flavours, colours or sweeteners
- Formulated without gluten



KEY INGREDIENTS & BENEFITS

- Calcium
- Magnesium
- Antioxidant Vitamins A, C and E

HOW TO USE

Mix 1 stick pack with 500 mL of water. Hydrate before, during and after exercise. Enjoy 1 serving per day.

BSCG CERTIFICATION

Banned Substances Control Group (BSCG) tests for more than 207 drugs banned by sporting groups including the WADA, NFL, MLB, NHL, NBA, MLS, PGA, LPGA, and NCAA, and is the only certification provider to cover an additional 185 prescription and over-the-counter drugs not banned in sport. BSCG also regularly tests products for label verification, identity and contaminants, and audits manufacturers for Good Manufacturing Practices (GMP) compliance.



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THE ARBONNE ADVANTAGE

Increased endurance, energy and peak performance with plant-powered ingredients including a proprietary blend of botanicals; certified for use by the Banned Substances Control Group.

COMPLEMENTARY PRODUCTS

Arbonne PhytoSport-

Prepare & Endure, #6099

After Workout, #6100

Nutrition Information

Servings Per Container: 20
Serving Size: 1 stick pack (10.4 g)

Average Quantity	Quantity Per Serving (500 mL prepared)	% Daily Intake* (per serving)	Quantity Per 100 g
Energy	125 kJ (30 Cal)	1%	1202 kJ (287 Cal)
Protein	0 g	0%	0 g
Fat, total	0 g	0%	0 g
—saturated	0 g	0%	0 g
Carbohydrate	8 g	3%	77 g
—sugars	7 g	8%	67 g
Sodium	210 mg	9%	2 g
Potassium	100 mg	4%	962 mg
VITAMINS AND MINERALS		%RDI	
Vitamin A	100 mcg RE	13%	962 mg RE
Vitamin C	80 mg	200%	769 mg
Vitamin E	10 mg	74%	96 mg
Calcium	90 mg	11%	865 mg
Magnesium	57 mg	18%	548 mg

*Percentage daily intakes are based on an average adult diet of 8700 kJ.

INGREDIENTS: cane sugar, acidity regulator (citric acid), calcium (as calcium lactate), salt, magnesium (as magnesium citrate), natural flavour, Vitamin C (as L-ascorbic acid), sodium citrate, ginseng (*Panax ginseng*) root extract, potassium phosphate, potassium chloride, sweetener (steviol glycosides), potassium citrate, turmeric (*Curcuma longa*) root extract, anticaking agent (silicon dioxide), modified tapioca starch, Vitamin E (as D-alpha-tocopherol), cayenne (*Capsicum frutescens*) fruit extract, rice hulls, Vitamin A (as beta-carotene), water, sodium ascorbate, DL-alpha-tocopherol.

DISTRIBUTED BY
ARBONNE INTERNATIONAL, LLC
SUITE 101, LEVEL 1, 6 EDEN PARK DRIVE,
MACQUARIE PACK NSW 2113
1800 650 760 (AU) 0800 995 021 (NZ)



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